OCCUPATIONAL THERAPY TEEN LIFE SKILLS CAMP 2024

THEME: IT'S OUR PARTY!

Teens with Autism Spectrum Disorder (ASD), ADHD, Learning Disabilities, Anxiety, and/or Identify as Neurodiverse (all abilities)

Welcoming

• 1:1 Support

Life Skills

Personal Growth

Strengths



Camp facilitated by Laura Thompson, OT Reg. (Ont.)

With party @





Korean Fried Chicken & Bar

A social enterprise & neurodiversity accessible restaurant

Ages 14 - 18 July 22 - 26, 2024 9:00 am - 4:00pm

Toronto (124 Merton Street)
OAP Eligible & Some reduced fee spots available

Spend a week planning an epic party that we will have on the last day of camp at Sarang Kitchen!









Work on life skills in a unique way:

- ✓ Self-awareness
 - Joen-awareness
- ✓ Self-advocacy
- ✓ Compromise
- ✓ Planning
- ✓ Problem solving
- ▼ Time management
- ✓ Peer interactions
- ✓ Budgeting
- ✓ Navigating
- Shopping
- ▼ Taking transit
- ✓ And more...

REGISTERATION ONGOING:



Call or email:

- □ Ithompson@RealLifeOT.ca
- **416-795-4903**

www.RealLifeOT.ca

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