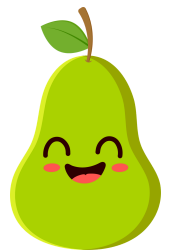
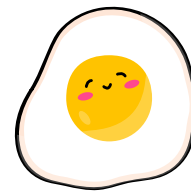
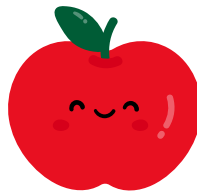


# Food Explorers!

## Occupational Therapy Feeding Group for Children 2.5 – 6 Years

Work on increasing comfort with food through play, which can lead to trying and eventually eating new things!



**Who:** Children 2.5 – 6 years old & their caregiver  
Selective with food textures and/or variety

Please note if your child has any risk of feeding safety issues e.g. aspiration, repeated chest infections, difficulty swallowing, or noisy breathing while eating you must provide a feeding report from a children's hospital (with SLP/OT & doctor's recommendations) to verify what consistencies are safe before being considered for the group.

**What:** Explore foods during a play-based therapeutic snack time

**Where:** Our clinic with kitchen and sensory spaces!

**When:** Thursdays 10:00–10:50am  
6 sessions total  
July 4 – Aug 22, 2024 (excluding July 25 & Aug 15)

**Fee:** \$ 660 (inclusive) \* some reduced cost spots available

### REGISTRATION:



-  [www.RealLifeOT.ca](http://www.RealLifeOT.ca)
-  416-795-4903
-  124 Merton Street  
Toronto, ON M4S1A5
-  [ltompson@RealLifeOT.ca](mailto:ltompson@RealLifeOT.ca)

### Did you Know?

Our location is new but our therapist is definitely not!



Laura Thompson is an occupational therapist with 15 years of pediatric experience, including her current role as a Team Lead at Canada's largest pediatric rehabilitation hospital in Toronto.

